

RISING OF THE PHOENIX

Discovering **THYSELF**

“To be yourself in a world that is constantly trying to make you something else is the greatest achievement”



My Advocacy

About my project

Helping students to discover their true identity by empowering them to reach their full potential through self-awareness, skills development and purpose-driven living

Importance of identity

- *Confidence and self-acceptance
- *Living authentically
- *Personal growth
- *Fosters healthy relationships
- *Growth and resilience



Self-awareness

- **3 selves which explains the self-within:**

- ***Self discovery:** The process of exploring and learning about yourself

- ***Self-image:** The mental picture or concept you have of yourself

- ***Self identity:** The understanding of your core being, defining your sense of belonging, purpose and direction.

- **What is the problem?**

- *Mental health challenges

- *Substance abuse

- *Lack of environmental awareness



Skills Development

Why?

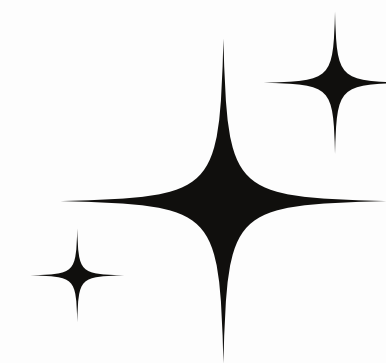
It enhances career prospects and encourages students to continuously learn and grow. It also empowers them to take on new challenges which builds confidence and a growth mindset

Purpose driven-Living

How?

- *Who are you?
- *What do you do?
- *Who do you do it for?





Amplify young voices

“Like the phoenix, we must be willing to be consumed by the fire of our own transformation, for it is only through surrender that we can be reborn into something new, something stronger, something more radiant”

